

made very warm, is a good Remedy to pacify griping Pains in the Stomach; and that 'tis proper to bathe Wounds in the Face with it, when they come to be just healed, so that the Place be kept continually wet, which I conceive is best done by applying often *Linen Cloths wet, and binding them on till they begin to be dry*, for this will prevent Scars: And he saith, That warm Water is better to attenuate or thin the Blood than cold.

There is published lately a Book of Experiments made with Water, by Dr. *Hancock*, a Divine, called *Febrifugum Magnum*; wherein he saith, That drinking a Pint or a Quart of cold Water in Bed will raise a copious Sweat, and cure all burning Fevers, which at once taking hath done the Business: It will raise a Sweat without much more Covering than ordinary. And he further affirms, That the same taken at the Beginning of the cold Fit of an Ague, and sweating upon it, at two or three Times taking, will cure that Distemper. A large Quantity of hot Water, I know, hath been advised to take off the cold Fit of Agues, but the Party was not ordered to sweat. Which Discovery of the Reverend Doctor about Fevers, is confirmed by the following Accounts, which I received from a worthy Gentleman, Mr. *Ralph Thoresby*, F. R. S. * to whom they were transmitted by Mr. *Lucas*, a pious and learned Gentleman of *Leeds* in *Yorkshire*, who says, That

‘ One Captain *Rosier* fell into a violent Fever, which as soon as he perceived, he said he must have some cold Water. The Gentlewoman, at whose House he lodged, not thinking that proper, boiled the Water (unknown to him) and put some Spirits therein, and sent it up cold; but he smelt it before it came to his Head, and refused to drink it, saying, He knew

* Author of *Ducatus Leodiensis*, or Topography of *Leeds*, which the present learned Bishop of *London*, in his Preface to the new Edition of *Cambden's Britannia*, styles, *An Useful and accurate Treatise*,

‘ knew what he did, for he had several Times tried
 ‘ it. Afterwards, some clear Water being brought,
 ‘ he drank it, sweat profusely, and was well the next
 ‘ Day.

‘ Another Captain of a Ship also took the same
 ‘ Method, when he, or any of his Men, fell into a
 ‘ Fever; which had the desired Success.’

• Mr. *Lucas* adds, in another Letter to the same
 Gentleman, ‘ That his own Wife fell very ill of a
 ‘ Fever; she drank Water, sweat very much, and
 ‘ thereby recovered.’

All which Instances corroborate the new Way of
 curing Fevers, so lately discovered in this City by
 Dr. *Hancock*; who also saith, he has had long Expe-
 rience of curing *common Colds* with cold Water; and *Colds*,
 this is done by drinking a large Draught of Water at
 going to Bed, another in the Night, and another in
 the Morning: Which, he saith, will soon thicken
 and sweeten, and digest that thin sharp Rheum that
 provokes Coughing to no Purpose; *for the Rheum,*
when thin, is hard to be brought up; but, when
 thicken’d, it will come up easily, and the Cough
 will soon go off. Which agrees with what I before
 affirmed from my own long Experience.

He also affirms from his own Experience, That using
 sometimes to take a Walk of eight or ten Miles in a
 Morning, he found that *Water gave twice as good* *Good for*
Breath for that Purpose as Wine or Ale; and, if it *the Breath,*
 would do this for a Man who had no *Asthma*, he
 doubts not but it would do the same in a Person
 troubled with one. And he also affirms Water to be
 the best Remedy *for a Surfeit*; to the Truth of
 which I can testify by long Experience.

He also affirms, That drinking cold Water hath been
 found good in *Rheumatisms*, and that to one so af- *Rheuma-*
 flicted he had advised to drink it as he lay in his Bed, *tism.*
 and it took off the Fit; but if hot Water attenuates
 the Blood most, as *Boerhaave* affirms, ’tis then best
 to drink of it warm daily to a good Quantity: For,